



SPECIAL EVENTS!

- Thursday, February 8—**Mardi Gras Parade 6:30 pm, Ball 7:00 pm**
- Monday, February 12, 2 pm—**Resident Council Meeting**
- Tuesday, February 13—**Fat Tuesday Parades on TV**
- Wednesday, February 14, 2 pm—**Elders' Birthday Bash**
- Thursday, February 15, 2 pm—**Volunteers' Bingo**
- Thursday, February 22, 2 pm—**Kiwanis Club Bingo**
- Saturday, Feb. 24, 2 pm—**Bingo in Memory of R. Herbert & E. LeBlanc**
- Sunday, February 25, 2 pm—**Ms Gros' Bingo**



FAMILIES AND FRIENDS, PLEASE JOIN US!

You are cordially invited to attend
The Krewe of Wynhoven's
Annual Mardi Gras Festivities

THURSDAY, FEBRUARY 8
PARADE 6:30 PM BALL 7:00 PM

WANDERING AND GETTING LOST

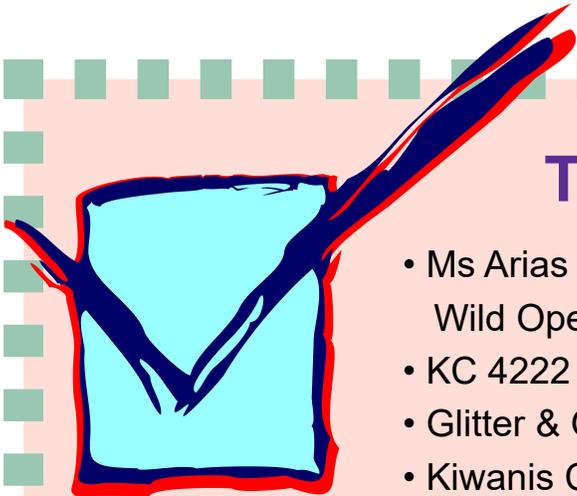
Six in ten people with dementia will wander. A person with Alzheimer's may not remember his or her name or address, and can become disoriented, even in familiar places. Wandering among people with dementia is dangerous, but there are strategies and services to help prevent it.

Who is at risk of wandering? Anyone who has memory problems and is able to walk is at risk for wandering. Even in the early stages of dementia, a person can become disoriented or confused for a period of time. It's important to plan ahead for this type of situation. Be on the lookout for the following warning signs:

- Returns from a regular walk or drive later than usual
- Forgets how to get to familiar places
- Talks about fulfilling former obligations, such as going to work
- Tries or wants to "go home," even when at home
- Is restless, paces or makes repetitive movements
- Has difficulty locating familiar places like the bathroom, bedroom, dining room
- Asks the whereabouts of past friends and family
- Acts as if doing a hobby or chore, but nothing gets done (e.g., moves around pots and dirt without actually planting anything)
- Acts nervous or anxious in crowded areas, such as shopping malls or restaurants

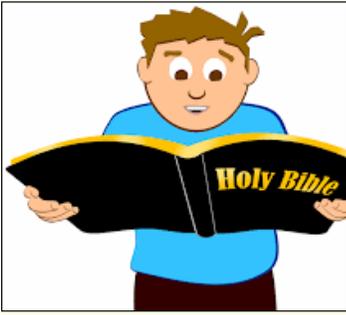
Tips to prevent wandering. Wandering can happen, even if you are the most diligent of caregivers. Use the following strategies to help lower the chances:

- Carry out daily activities. Having a routine can provide structure.
- Identify the most likely times of day that wandering can occur. Plan activities at that time. Activities and exercise can reduce anxiety, agitation and restlessness.
- Reassure the person if he or she feels lost, abandoned or disoriented. If the person with dementia wants to leave to "go home" or "go to work," use communication focused on exploration and validation. Refrain from correcting the person. For example, "We are staying here tonight. We are safe and I'll be with you. We can go home in the morning after a good night's rest."
- Ensure all basic needs are met. Has the person gone to the bathroom? Is he or she thirsty or hungry?
- Avoid busy places that are confusing and can cause disorientation. This could be shopping malls, grocery stores or other busy venues.
- Place locks out of the line of sight. Install either high or low on exterior doors, and consider placing slide bolts at the top or bottom.
- Use devices that signal when a door or window is opened. This can be as simple as a bell placed above a door or as sophisticated as an electronic home alarm.
- Provide supervision. Do not leave someone with dementia unsupervised in new or changed surroundings. Never lock a person in at home or leave him or her in a car alone.
- Keep car keys out of sight. If the person is no longer driving, remove access to car keys--a person with dementia may not just wander by foot. The person may forget that he or she can no longer drive. If the person is still able to drive, consider using a GPS device to help if they get lost.



Thanks to our volunteers!

- Ms Arias and the Little Wild Opelousas Indians
- KC 4222
- Glitter & Gold
- Kiwanis Club
- R. Hebert & E. LeBlanc Family
- Sr. and Jr. Volunteers
- All those special people who have donated their time to help us



Notes from Deacon Dan...

LOVE IS IN THE AIR DURING FEBRUARY!

When I checked the church calendar recently it became interestingly apparent that for 2018, Ash Wednesday falls on Valentine's Day and Easter Sunday is on April 1st—April Fool's day. The church could very well be in for a very interesting year. We'll wait and see. Just so that you know, this will not happen again until the year 2029.

Considering that February 14th is normally the most celebrated day in February each year, it would be good to examine how we've come to celebrate this day as "the day for lovers"!

Most of what we know about the person who became St. Valentine and why we celebrate February 14th is based on legends that have been blended together through the ages.

One legend made popular by guys who forgot to shop for their sweetheart is completely false. Greeting card companies did not create the holiday.

As legend has it, Valentine's Day is based on the Feast of Lupercalia that was to honor Juno, the queen of the Roman gods and goddesses. It was thought that birds would form mating pairs after February 14th each year, so the festival was actually a fertility festival.

Fast-forward to the year 270 AD when Emperor Claudius II ruled the Roman empire. He believed that the reason for the string of Roman military losses around that time was because the young men in the military were thinking more about their sweethearts,

wives and families back home instead of the battle. Claudius II therefore banned all engagements and weddings in the empire. A priest, Saint Valentine, felt the order was cruel and unjustified, so he decided to defy the emperor by performing weddings. When Valentine's defiance was discovered, he was brutally beaten and then put to death—on February 14th. Shortly after his death, Valentine was declared a saint.

In another legend, it was said that while in prison Valentine became friends with a lady. When Valentine knew the end was near, he wrote a goodbye note to his friend and signed it with, "From Your Valentine." (Have you ever seen that line before?) Finally, St. Valentine became the patron saint of lovers and that has allowed Valentine's Day to develop into what we celebrate today.

The tradition of giving small gifts to a lover on Valentine's Day was an early development, but there is no hard evidence to explain why small gifts turned into hundred-pound boxes of chocolate, heart shaped balloons, children and dozens of red roses (in winter!).

I truly hope and pray that your sweetheart remembers to express sincere love to you on Valentine's Day...



From the "Heart"
of Deacon Dan

WYNHOVEN EXTENDS A
HEARTY WELCOME TO ALL
NEW RESIDENTS!

*We extend sympathy and prayers to the
families of our deceased elders*



HAPPY BIRTHDAY



RESIDENT AND STAFF BIRTHDAYS THIS MONTH

RESIDENTS

Edwina Toups	02/01
Joann Labauve	02/01
Marilyn Seiler	02/02
Theresa Baruzzi	02/03
Edna Pearson	02/06
Margerette Harman	02/07
Lucio Chacon	02/08
Verna Lasseigne	02/08
Evelyn Portier	02/09
Harry Comeaux	02/10
Willie McKenzie	02/11
Sharon Bryant	02/12

Effie Cobb	02/14
Rose Tully	02/15
Louise Frazier	02/22
Lelia Pichoff	02/23

STAFF

Akiya Hudson	02/03
Angela Legendre	02/03
Patricia Anselmi	02/04
Jeffrey Louis-Jeune	02/04
Sharon Preston	02/04
Sharon Hoffheister	02/07
Ronald Williams	02/07
Helen Brown	02/08

Geraldine Joseph	02/08
Mary Day	02/09
Consuella Eugene	02/09
Darryl Stevens	02/10
Warren Lewis	02/13
Michelle Egana	02/14
Janie Neal	02/19
Margaret Roussell	02/19
Shelia Joseph	02/22
Celeste Valence	02/22
Natasha Pierce	02/26
Darlene Wright	02/26
Brenda Fluker	02/27

We congratulate our employees on their years of service!

☺ Celeste Valence	30 years
☺ Takisha Wright	21 years
☺ Cornelia Manning	17 years
☺ Belinda Thomas	16 years
☺ Beth Bodin	12 years

☺ Lolita Taylor	8 years
☺ Helen Stevenson	4 years
☺ Robin McKinnies	2 years
☺ Kim Sylve	1 year
☺ Deidre Jones	1 year

Wynhoven Healthcare Center is a ministry of the Archdiocese of New Orleans. We are located across the street from West Jefferson Medical Center. Our mission is to provide quality, compassionate health care, and support services in a Christian environment that respects the uniqueness of each person, promotes and enhances the quality of life, and preserves dignity in life and death.

As a Catholic facility, we provide daily religious services morning and evening, as well as communion for all of our Catholic elders. We offer complete rehabilitation services, including physical, occupational, and speech therapies. We also provide custodial, hospice, and dementia care. For additional information, please contact Michelle Matthew, Admission Director, at 347-0777, extension 3668.

————— Wynhoven Healthcare Center is a not-for-profit organization. —————

ADMINISTRATIVE STAFF

Michelle R. Matthew, LNHA/MSW, Administrator
Cynthia Miller, RN, Nursing Director

Melody Robinson, BA, Asst. Administrator/Activity Director
Daphne LeBlanc, Admission Director
Nancy Rivette, Business Office Manager
Wendy Duckworth, LCSW, Social Services
Marilyn Jackson, BSW, MSW, Social Services

Shelia Joseph, BS, MBA, Dietary Director
Chantella Schulthorp, Rehabilitation Director
Darryl Stevens, Jr., Plant Director
Deacon Daniel Reynolds, Pastoral Care
Thelia Jordan, Housekeeping/Laundry Director